Your UBC Science First-Year Bucket List

- Attend <u>Imagine Day UBC</u>
- Connect with your Orientation Leader for questions
- Identify one key contact to help you tackle questions
- o Attend the Team Social in September to reconnect with your Orientations group
- o Visit Science Advising with any academic questions or concerns
- Identify one key resource that successful you can use (Science Peer Academic Coaches, resource centres, counselling)
- o Get the phone or email details for your Enrolment Services Professional
- Get the phone or email details for one other support on campus (academic advisors at the Science Advising Centre)
- Make three connections to other students on campus
- o Find a perfect study spot on campus
- Attend one event or workshop that builds your <u>academic engagement</u>
- Find one new study strategy or resource supporting your academic success (<u>Science</u> <u>Peer Academic Coaches</u>)
- o Experiment with at least two methods of studying (group, individual, online, silent)
- o Explore UBC Science's program specializations and second year application
- o Attend Beyond First Year and Meet Your Major to learn about program specializations
- o Declare your major/area of specialization at the end of the year
- o Identify effective <u>study strategies for exams</u>
- o <u>Speak with a prof or instructor</u> one-on-one or in a group (office hours or after class)
- Join the UBC Science Students Facebook group
- o Explore at least one health and wellness resource offered by UBC
- o Apply to an involvement opportunity or work experience
- o Join an AMS student club to explore your interests
- Participate in a class, intramural event or workshop at <u>UBC Rec</u>
- Attend a major athletic event held by <u>UBC Rec</u> (Storm the Wall, Day of the Longboat)
- Visit one of the <u>beautiful gardens or museums</u> at UBC (free for UBC students)

If you engage in a wide range of campus activities you're more likely to succeed academically. So let's plan your first year at UBC Science!

